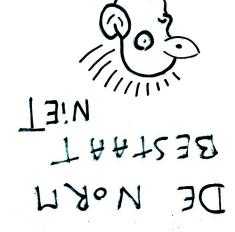
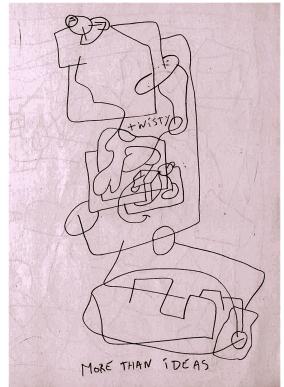


GELIJK ZIN 3 M Nalluz









Spirit Art -

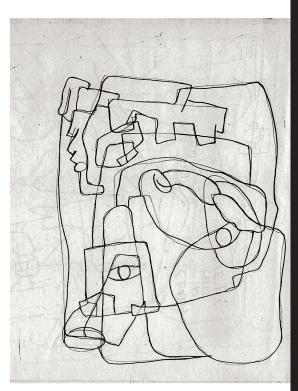
Art that comes from your spirit. Manifesting your Mind and soul **Energy on** paper. From spirit to matter. How it's done: first vou close vour eves and think about something that gives you peace pleasure, a problem you want to work on or a goal that you accomplish. You write that on the back of the page.



take a pencil with your weakest hand, with your eyes closed you draw on the paper, guided by your soul and spirit. After that you open your eyes, you take the pencil in your strongest hand you smooth out all the corners. That will help new Nero pathways. You are now rewiring your brain. Spirit art is based on graphica.

van communicatie ik vraag me af wat houd jou vast





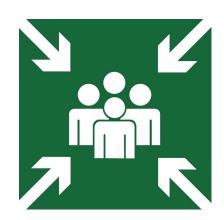




-- This Project was made Possible By ---

Woorden worden zinnen

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